## Eye Exam Frequency Chart

The frequency of performing ophthalmic screening depends on the patient's age and the risk of having ophthalmic disorders.

Patients can be separated into two groups: those at high risk and those at low risk.

### Those at **high risk** for ophthalmic disorders:

- Aged over 65 years
- Past retinal detachment
- Past serious ocular trauma
- Persistent visual loss
- Diabetes
- Hypertension
- Sickle cell disease
- Family history of glaucoma
- Other heritable ocular disease

Screen every 2 years. Schedule exam by an ophthalmologist shortly after a high-risk factor has been identified.

### Those at **low risk** for ophthalmic disorders:

- Ages 6 to 40: screen for visual acuity every 3 years. Refer to an ophthalmologist if you find an abnormality.
- Ages 40 to 65: do complete exam every 2 years. Schedule exam by ophthalmologist every 4 years to monitor for glaucoma and to provide optical correction for presbyopia.

You do not need to screen for glaucoma by performing tonometry. Why not? Because a single tonometric reading can be misleading. Assessment of optic disc cupping is much more meaningful.

To schedule an appointment with ProMedica Physicians Eye Care, please call 866-935-5393.